



COLUMBIA MEMORIAL HEALTH FOUNDATION CONNECTIONS

FALL 2023



**JOIN CMH FOUNDATION
FOR A NIGHT OF FOOD, COCKTAILS, LIVE
MUSIC & A HOLIDAY AUCTION!**



2nd Annual Bacchus Barley & Bounty
Saturday, November 4, 2023
5:00 pm – 8:00 pm

Hudson Hall at the Historic Hudson Opera House
327 Warren Street, Hudson, NY
Parking on Warren & in Public Lots on Columbia

Featuring fine wine, craft beer, distilled spirits, specialty hors d'oeuvres, and desserts.

Enjoy live music and a bountiful Holiday Auction with items donated by local artisans and businesses.



SAVE THE DATE 2024!

36th Annual Hospital Ball

Saturday, June 15, 2024

The Wire Event Center - On the Hudson River

60 S River St, Coxsackie, NY

6:00PM-11:00PM

28th Annual Golf Tournament

Monday, August 5, 2024

Columbia Golf & Country Club

Claverack, NY

Shotgun Start: 9:00AM

**For information on all Foundation events
and opportunities to give, please visit
GiveCMH.org or call (518) 828-8362**

36th Annual Hospital Ball to Honor Community Leaders

Anne M. Schomaker and Deborah E. Lans

The CMH Foundation is pleased to honor Anne and Deb for their dedicated service and compassionate leadership.

Please join us for this special celebration on June 15, 2024!



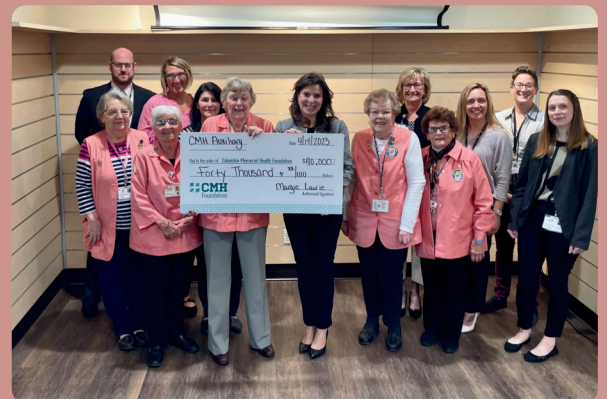
Anne M. Schomaker



Deborah E. Lans

CMH Auxiliary Donates \$40,000 for Patient Care

The CMH Auxiliary continued its long history of providing support to CMH by donating \$40,000 for the purchase of patient transport and visitor chairs. Since its inception in 1953, the all-volunteer CMH Auxiliary, known as "The Pink Ladies," have donated more than \$1.6 million to CMH and provided tens of thousands of volunteer hours to aid CMH and its patients.



Margie Laurie, CMH Auxiliary President, presents a check to Dorothy M. Urschel, President & CEO, along with members of the Auxiliary, CMH, and Foundation staff.

Every gift to the Columbia Memorial Health Foundation supports essential healthcare services, advanced technology, and the modernization of facilities at CMH. Your gift makes a difference - thank you!

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Outreach Coordinator*

CMH Foundation
71 Prospect Avenue
Hudson, New York 12534
(518) 828-8239 / GiveCMH.org

James J. Armstrong Appointed Board Chair



The CMH Foundation is pleased to announce the appointment of James J. Armstrong as Chair of the Board of Trustees. Jim is Vice President/Senior Wealth Advisor of Hudson Financial, a subdivision of Pioneer Wealth Management.

Jim succeeds Anne M. Schomaker, a longstanding community leader who has now assumed the office of Immediate Past Chair. Anne has served on the CMH Foundation Board since 2008.

Jim has been a member of the CMH Foundation Board of Trustees since 2011 and has served as Vice Chair and Vice President. An active community member, he has served as a director on numerous boards including the Morris Memorial Association, Columbia County Chamber of Commerce, Columbia Golf & Country Club, and Hudson Dollars for Scholars.

"I am honored to serve as Chair of the Columbia Memorial Health Foundation's Board of Trustees alongside a dedicated and talented group of community leaders who share their expertise to support the work and mission of CMH." - James J. Armstrong

Beneficiary Designations Simple Ways to Leave Your Legacy

Many people don't realize that retirement plans, IRAs, life insurance, and donor advised funds are not affected by a will. These accounts are dispersed according to beneficiary designations. The forms are often easier to update than a will, making them a simple way to leave your legacy.

1. Retirement Plan or IRA

Typically, this is the largest source of taxable income when paid to a beneficiary. If you are considering a gift to the CMH Foundation, it is usually better to leave taxable assets like retirement plans and give other assets like stocks or real estate to loved ones.

2. Life Insurance

A gift of life insurance is a good way to maximize your impact. By naming CMH Foundation as beneficiary, your small premium payments transform into a sizable gift. Plus, it is revocable at any time if your plans change.

3. Donor Advised Funds

A Donor Advised Fund (DAF) gives you flexibility to recommend how much and how often money is granted to CMH Foundation and other charities. You can transfer cash or other assets to a community foundation, brokerage house or other sponsoring organization, and in return, you qualify for an income tax charitable deduction for gifts to your DAF.

It is very simple to name CMH Foundation as a beneficiary. Start by requesting a change-of-beneficiary form from your policy administrator or download the form from your provider's website. Make your desired changes and return the form to establish your gift.

To learn more about the advantages of designating CMH Foundation as a beneficiary, contact Barbara Klassen, Executive Director, at (518) 828-8362 or BKlassen@cmh-net.org.

Estate Planning Resource

Our FREE Personal **Estate Planning Kit** is a tool for organizing your estate, saving you time, protecting your assets, and helping you establish your legacy. Visit www.plannedgiving.givecmh.org or scan the QR code to download your free copy today!



35th Annual Ball Raises \$615,000

Hundreds of benefactors and friends joined together on June 3rd to attend the CMH Foundation's Annual Ball at the Locust Hill Barn, raising more than \$615,000 to support CMH's network of health care services in Columbia and Greene counties.

The annual gala honored former President and CEO, Jay P. Cahalan, for his 28 years of dedicated service to CMH. The event featured a live auction to raise funds to support a new Women's Specialty Services Center that will offer consolidated gynecology services in one convenient location in the CMH Medical Office Building in Hudson.

The CMH Foundation is grateful to our host, The Kneller Family, and to all donors and Ball attendees, including Featured Sponsors: Kneller Insurance Agency, Mid-Hudson Cable, USI Insurance Services & PMA, and major sponsors: Community Care Physicians, Jay & Leila Cahalan, Bank of Greene County, Columbia Memorial Medical Staff, Deborah E. Lans & Sharon E. Grubin, New York Oncology Hematology, and Dorothy M. Urschel.



Leila & Jay P. Cahalan

27th Annual Golf Tournament Raises \$55,000

Over 120 golfers from across the region took to the fairways at Columbia Golf & Country Club on August 7th to raise \$55,000 to support CMH.

The CMH Foundation is grateful to its Featured Sponsors: Metzwood Insurance, CDPHP, New York State Correctional Officers & Police Benevolent Association, Inc., and Davin Healthcare, and to all generous sponsors, players, volunteers and raffle donors that contributed to our success.



1st place team coming in at 10 under: Kevin Carolan, Dave Mahoney, Bryan Mahoney, and Chris Puls with golf volunteer, Arica Cooper.

Center for Breast Health Ribbon Cutting Ceremony

Community leaders and supporters joined CMH to unveil its state-of-the-art Center for Breast Health in the Medical Office Building on CMH's Hudson campus. The center is designed to provide screening and diagnostic breast health services in a dedicated, modern, and comfortable location.

The CMH Center for Breast Health adopts a leading national model of comprehensive and integrated breast care that improves both quality of care and patient outcomes. Services available at the center include screening and diagnostic 3D mammography; diagnostic ultrasound; ultrasound guided biopsy; and stereotactic breast biopsy. Education on breast health, consultation on treatment decisions, and support groups for patients and their families are also provided.

The Center was made possible by generous grants from the HRBT Foundation, Fenimore Asset Management, and the Columbia Memorial Health Foundation community of donors!

To see all event photos please visit our gallery at giveCMH.org



Rakel Astorga, MD; Kirk Kneller, CMH Board Chair; Anne M. Schomaker, CMH Foundation Immediate Past Chair; Dorothy M. Urschel, CMH President & CEO



Sheena Hassel, Scheduling; Rebekah Linthicum, Mammographer; Kristen Shults, Mammographer; Hilda Nieves, Patient Access Representative



Community leaders along with staff and board members of CMH and the CMH Foundation.



71 Prospect Avenue
Hudson, NY 12534

Address Service Requested

CMH Champions of Caring

If an individual or group of CMH healthcare providers made a positive difference in your life, please send us a testimonial, and consider a gift in their honor. Honorees will be recognized as a Champion of Caring and receive a special pin to symbolize their commitment to excellence.



“We want to recognize Lynn Carollo, NP as an outstanding caregiver. CMH is fortunate to have Lynn on their team.”

– Amy & John Liberta

John Liberta, Honoree Lynn Carollo, NP;
Amy Liberta, Daniel Blachman, MD



“We are grateful for the compassionate care provided by these exceptional physicians.”

– Anne M. Schomaker
and Kanda & Joe Burch

Honorees Louis DiGiovanni, MD
and Christopher Gorczynski, MD
with CMH Supporter Kanda Burch;
Anne Schomaker, CMH Foundation
Immediate Past Chair; and Dorothy
M. Urschel, CMH President & CEO

CMH Foundation Nursing Scholarship



The Columbia Memorial Health Foundation has awarded academic scholarships to 10 nursing students at Columbia-Greene Community College.

The CMH Foundation Nursing Scholarship program is a joint effort with C-GCC that was designed to provide direct financial support to local nursing students and bolster the nursing workforce at CMH’s hospital in Hudson. Each awardee has committed to working a minimum of two years at CMH upon their graduation from the nursing program.

CMH President and CEO Dorothy Urschel; nursing students Caitlin Sarubbi, Janis McCormack, Danielle Sullivan, Korin Miller, Nicola Domville; C-GCC President Carlee Drummer, and CMH Chief Nursing Officer Stephanie Hisgen.