



Columbia Memorial Health Foundation **CONNECTIONS**

Spring 2023

SAVE THE DATE!

35th Annual Hospital Ball

Honoring Jay P. Cahalan

Saturday, June 3, 2023

The Barn at Locust Hill

Ghent, NY

6:00 pm – 11:00 pm

27th Annual Golf Tournament

Monday, August 7, 2023

Columbia Golf & Country Club

Claverack, NY

Shotgun Start: 9:00 am

2nd Annual Bacchus Barley & Bounty

Saturday, November 4, 2023

Hudson Hall at the Historic Hudson

Opera House

Hudson, NY

5:00 pm – 8:00 pm

**For information on all Foundation
Events, please visit GiveCMH.org
or call our office at (518) 828-8239**

COLUMBIA MEMORIAL HEALTH

35th Annual Hospital Ball

PEARLS OF GRATITUDE

HONORING JAY P. CAHALAN

Hosted by The Kneller Family

CMH FOUNDATION

30TH ANNIVERSARY CELEBRATION

SATURDAY, JUNE 3, 2023

THE BARN AT LOCUST HILL, GHENT, NEW YORK

REGISTER OR SPONSOR ONLINE:

GiveCMH.org/events



CMH Foundation

1993-2023

March 12th marks the 30th anniversary of the Columbia Memorial Health Foundation. Since its inception, the Foundation has raised over \$30 million to support the work and mission of CMH.

We are grateful for the leadership, dedication and vision of our founding Board of Trustees:

Virginia Cairns-Callan * Gail L.K. Cashen * John J. Faso * Peter Finger * Jerome A. French * Morton Ginsberg
* Myra Ginsberg * Lewis H. "Skip" Hartman * Clara Kellner * Raymond Kennedy * James Kingsbury * Richard Koskey
* Carmi Rapport * Ramon J. Rodriguez * Bernard Stickles * Craig Thorn III * M. Scott Wood, Jr.

Every gift to the Columbia Memorial Health Foundation supports essential healthcare services, advanced technology, and the modernization of facilities at CMH. Your gift makes a difference – thank you!

BOARD OF TRUSTEES

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*Grant Writer, Community
Outreach Coordinator*

Columbia Memorial Health Foundation
71 Prospect Avenue
Hudson, New York 12534
(518) 828-8239 / GiveCMH.org

CMH Welcomes New President & CEO

Dear Friends and Supporters of CMH,

I am honored and privileged to assume my new role as President and CEO of Columbia Memorial Health. I would like to thank Jay P. Cahalan for his leadership and dedication for the past 28 years and wish him well in his retirement. We hope that you will be able to join us in honoring Jay at the 35th Annual Hospital Ball in recognition of his accomplishments and contributions to CMH.

The last three years have presented extraordinary financial challenges that were responded to with extraordinary generosity by the CMH community of donors. We are truly grateful for your investment in the advancement and sustainability of essential CMH health care services; your spirit of compassion and dedication is truly an inspiration.

My goal as CEO is to provide patient-centered care where our CMH team works together to deliver quality care that is respectful of and responsive to every patient, every time. Collectively, with the entire CMH family and in collaboration with the Albany Med Health System, we will continue to build on decades of hard work and progress.

As a community hospital we have a deep sense of pride and responsibility to all those who place their trust in our care. We are committed to make our hospital and outpatient Care Centers the first choice for care in every community that we serve. Our team remains steadfast in fulfilling our mission to meet the health needs of our communities now and into the future.

I have been fortunate to meet and work with so many dedicated and compassionate members of our community over the past few years while at CMH. Thank you for supporting Columbia Memorial Health and recognizing the importance of our work.

Gratefully,
Dorothy M. Urschel
President & CEO



Dorothy M. Urschel

Change Lives by Becoming a CMH Sustaining Donor

Sustaining donors sign up to give a recurring gift to the CMH Foundation monthly, quarterly, or annually.

No matter the amount, your recurring donation has a serious impact and helps us to be prepared for whatever need arises. You can set up your recurring gift by credit card, and your donation will automatically be deducted each month; 100% of your donation is tax deductible.

Sustaining donors provide a strong base from which CMH Foundation can build, and everyone can help. Every donation counts!

Please join our community of generous and committed Sustaining Donors that believe by working together, we can make a difference in the health and well-being of our friends, family, and neighbors.

GiveCMH.org



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Retirement Law Changes that may Affect You

2023's new laws include retirement changes, known collectively as "Secure 2.0," that may affect your saving and your giving plans. They may even make it easier for you to make a difference at CMH.

Here are some important things Secure 2.0 does that involve charitable giving:

Increases the required minimum distribution (RMD) age

Secure 2.0 increases the age retirees must begin taking taxable withdrawals to 73 in 2023 and 75 by 2033, up from the previous 72. It does not, however, increase the age an IRA owner can make a qualified charitable distribution. That age remains at 70½.

How does this affect me?

Simply put, the extension of the RMD age gives you more time to save. You will enjoy additional tax-free growth. It also can be significant if you do not want to begin withdrawing retirement funds during an unsettled economic climate, giving you more time for your stock portfolio to recover.

Adjusts the annual limit on direct gifts to qualified charities from your IRA

Currently, those 70½ or older can give up to \$100,000 directly from their IRA to a qualified charity without paying income taxes on the distribution. Beginning in 2024, this number will be adjusted annually for inflation.

How does this affect me?

Your generosity can now keep pace with economic shifts.



ESTATE PLANNING RESOURCE

Our FREE Personal Estate Planning Kit is a tool for organizing your estate—saving you time, protecting your assets, and helping you establish your legacy.

Book 1: Lesson Book

Learn how to:

- Set family goals and create a plan.
- Lessen tax burdens.
- Use trusts to support you, your family and loved ones.

Book 2: Record Book

A tool to help you:

- Keep a digital record of important information.
- Organize everything in one place.
- Easily update records.

Visit our web site to download your free Planning Kit and learn more about giving options at: plannedgiving.givecmh.org

The CMH Foundation has established the Visionary Society to celebrate and thank individuals who have remembered CMH by creating a legacy in their estate plans. Through their generous support, Visionary Society members play a vital role in defining our future success and inspiring others to join a society of forward thinking, philanthropic supporters.



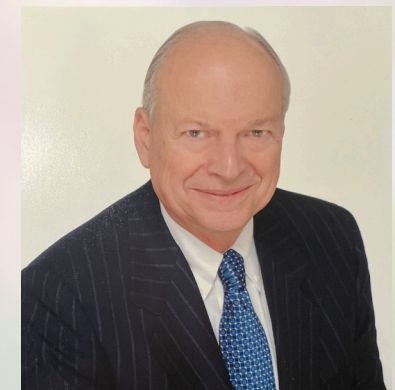
The Legacy of Alfred L. Scott February 3, 1931 – June 27, 2022

Alfred L. Scott's affiliation and support of Columbia Memorial Health began in the early 1990's. Al's involvement and leadership grew steadily over the years; he served on the CMH Foundation Board of Trustees from 1999 until 2020 and was then appointed Director Emeritus. During his tenure, he served as Vice Chair and Chair of the Board.

In 2000, CMH began plans to build and finance many campus improvements as part of the "Fulfilling the Dream" capital campaign. Al stepped forward to join the hospital board, sharing his expertise as a successful business leader. His many personal contributions played a critical role in the success of the campaign which exceeded its \$10 million goal. He served the hospital board admirably until 2008.

Al was honored at the Hospital Ball in 2007 for his leadership and devoted service. In 2023, CMH and the CMH Foundation had the distinct honor to present a plaque to Al's family at a special tribute ceremony. The plaque is displayed in the main lobby of the hospital outside the Public Relations Room.

The legacy of Alfred L. Scott, his wisdom, tenacious fundraising spirit and compassion for others will be remembered by the lives he gracefully touched. Al's gift of time and financial resources will help ensure CMH will continue to deliver the highest quality healthcare for future generations.



"Things do not happen without an effort. And we need an all-out effort. Please ask yourself "What can I do to help?" Together we can create a legacy for future generations of Columbia and Greene residents."

- Alfred L. Scott, 2003



71 Prospect Avenue
Hudson, NY 12534

Address Service Requested

The CMH Foundation received generous “Gifts of Gratitude” in honor of our exceptional, compassionate caregivers! Honorees were presented with a “Champion of Caring” pin.



Honoree, Jonas G. Wilson-Leedy, MD; Tish Finnegan, VP of Care Center Administration

“Dr. Wilson-Leedy goes above and beyond to make sure that his patients are cared for. He calls you during or after office hours to address any questions or concerns you may have. He and his office staff are very compassionate, and he has a great bedside manner.”

- Carol Burnett



Brian Keeler, Director of Care Centers Operations; Honoree Helen Brady, FNP of Valatie Family Care; Arlene Walch, MS, RN, Director of Clinical Operations; Tish Finnegan, VP of Care Administration

“Thank you for all the support you have given to me.” - Bonnie Newkirk

Champion of Caring

If an individual or group of CMH healthcare providers made a positive difference in your life, please consider a gift in their honor. Honorees will be recognized as a Champion of Caring and receive a special lapel pin to symbolize their commitment to excellence.

-Honorees will be notified of your gift without disclosure of the amount.

GiveCMH.org